

Attachment Informed Grief Therapy Series In Death Dying And Bereavement

Techniques of Grief Therapy
Techniques of Grief Therapy
New Techniques of Grief Therapy
The Art of Grief
Attachment-Informed Grief Therapy
Working with Continuing Bonds in Grief Therapy
Grief Counseling and Grief Therapy, Fourth Edition
The Handbook of Grief Therapies
Grief Counseling and Grief Therapy, Fifth Edition
Grief After Suicide: A Health Perspective on Needs, Effective Help, and Personal Growth
Helping Grieving People - When Tears Are Not Enough
Grief Counselling and Grief Therapy
The Crafting of Grief
Family Focused Grief Therapy
Grief Counseling and Grief Therapy
Culinary Grief Therapy
Health Media Review Index
Bereavement Care for Families
When Grief Is Complicated
Grief Therapy Robert A. Neimeyer Robert A. Neimeyer Robert A. Neimeyer J. Earl Rogers Phyllis S. Kosminsky Robert A. Neimeyer J. William Worden Edith Maria Steffen J. William Worden Karl Andriessen J. Shep Jeffreys James William Worden Lorraine Hedtke David William Kissane James William Worden Heather Nickrand Jill Provan David W. Kissane Alan Wolfelt Karen Katafiasz

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techniques of grief therapy is an indispensable guidebook to the most inventive and inspirational interventions in grief and bereavement counseling and therapy individually each technique emphasizes creativity and practicality as a whole they capture the richness of practices in the field and the innovative approaches that clinicians in diverse settings have developed in some cases over decades to effectively address the needs of the bereaved new professionals and seasoned clinicians will find dozens of ideas that are ready to implement and are packed with useful features including careful discussion of the therapeutic relationship that provides a container for specific procedures an intuitive thematic organization that makes it easy to find the right technique for a particular situation detailed explanations of when to use and when not to use particular techniques expert guidance on implementing each technique and tips on avoiding common pitfalls sample worksheets and activities for use in session and as homework assignments illustrative case studies and transcripts recommended readings to learn more about theory research and practice associated with each technique

techniques of grief therapy assessment and intervention continues where the acclaimed techniques of grief therapy creative practices for counseling the bereaved left off offering a whole new set of innovative approaches to grief therapy to address the needs of the bereaved this new volume includes a variety of specific and practical therapeutic techniques each conveyed in concrete detail and anchored in an illustrative case study techniques of grief therapy assessment and intervention also features an entire new section on assessment of various challenges in coping with loss with inclusion of the actual scales and scoring keys to facilitate their use by practitioners and researchers providing both an orientation to bereavement work and an indispensable toolkit for counseling survivors of losses of many kinds this book belongs on the shelf of both experienced clinicians and those just beginning to delve into the field of grief therapy

new techniques of grief therapy bereavement and beyond expands on the mission of the previous two techniques books featuring innovative approaches to address the needs of those whose lives have been shadowed by loss whether through bereavement serious illness the rupture of a relationship or other complex or intangible losses such as of an identity defining career the book starts with several framing chapters by prominent theorists that provide a big picture orientation to grief work and follows with a generous toolkit of creative therapeutic techniques described in concrete detail and anchored in illustrative case studies to convey their use in

actual practice new techniques of grief therapy is an indispensable resource for professionals working in hospice hospital palliative care and elder care settings clinicians in broader health care and mental health care practices executive coaches and students in the field of grief therapy

art and other expressive therapies are increasingly used in grief counseling not only among children and adolescents but throughout the developmental spectrum creative activities are commonly used in group and individual psychotherapy programs but it is only relatively recently that these expressive modalities have been employed within the context of clinical grief work in structured settings these forms of nonverbal communication are often more natural ways to express thoughts and feelings that are difficult to discuss particularly when it comes to issues surrounding grief and loss packed with pictures and instructional detail this book includes an eight session curriculum for use with grief support groups as well as alternative modalities of grief art therapy

attachment informed grief therapy bridges the fields of attachment studies thanatology and interpersonal neuroscience uniting theory research and practice to enrich our understanding of how we can help the bereaved the new edition includes updated research and discussion of emotion regulation relational trauma epistemic trust and much more in these pages clinicians and students will gain a new understanding of the etiology of problematic grief and its treatment and will become better equipped to formulate accurate and specific case conceptualization and treatment plans the authors also illustrate the ways in which the therapeutic relationship is crucially important though largely unrecognized element in grief therapy and offer guidelines for an attachment informed view of the therapeutic relationship that can serve as the foundation of all grief therapy written by two highly experienced grief counselors this volume is filled with instructive case vignettes and useful techniques that offer a universal and practical frame of reference for understanding grief therapy for clinicians of every theoretical persuasion

grief counseling and therapy have been revolutionized by the recognition that adaptive grieving commonly involves retaining bonds with the deceased rather than relinquishing them but guidelines for how to integrate this shift into professional practice have been scarce in this groundbreaking volume leading bereavement scholars robert neimeyer and edith steffen provide a rich trove of therapeutic procedures to help grieving clients preserve valued relationships with the dead and

address lingering issues with them with astute attention to clinical and cultural contexts specific instructions for a great range of approaches numerous practice vignettes and transcripts of actual sessions working with continuing bonds in grief therapy is required reading for all professionals who support the bereaved in living through loss while reaffirming or realigning bonds with their loved ones

named a 2013 doody s core title in the fields of death education research and counseling psychology surely bill worden is a giant all of us personally and professionally are indebted to j william worden from his work we may be just a bit wiser a bit healthier a bit more competent and a lot more in touch with meaning our own and those of others for the sake of all who mourn illness crisis loss every helping professional will profit from worden s treatment of uncomplicated and complicated mourning especially hopefully is his material on the many types of loss i highly recommend worden s book ministry recipient of the international work group on death dying and bereavement herman feifel award dr worden presents the highly anticipated fourth edition to grief counseling and grief therapy the gold standard of grief therapy handbooks the previous editions translated into 12 languages received worldwide acclaim for their sensitive insightful and practical approach to grief counseling in this updated and revised fourth edition dr worden presents his most recent thinking on bereavement drawn from extensive research clinical work and the best of the new literature key features the task model has been modified to account for new thinking and research findings in the field including meaning making resilience and continuing bonds a new chapter on the mediators of mourning helps clinicians to understand what accounts for individual differences in adapting to the death of a loved one looks at recent controversies in the field including the best way to understand complicated bereavement and the efficacy of grief counseling and therapy presents the vital distinction between grief and trauma and highlights different intervention approaches for each comprehensive and highly organized this text is useful to therapists just beginning to work in the field as well as seasoned practitioners

a comprehensive and up to date handbook that surveys the field of grief therapy with contributions from leading international scholars and practitioners it covers foundational matters such as clinical presentations in bereavement the conceptualization of grief therapy and its evidence base distinctive approaches to grief therapy including existential therapy art therapy cbt and narrative psychodynamic and meaning based approaches specific circumstances of death such as

violent death and suicide and particular populations such as bereaved parents and grieving children professional issues such as training in grief therapy and therapist self care the handbook is designed with students and practitioners in mind with vivid case studies that bring theory and practice to life key point summaries at the end of each chapter and recommendations for further reading on each topic

fourth edition named a 2013 doody s core title praise for the fourth edition in the fields of death education research and counseling psychology surely bill worden is a giant all of us personally and professionally are indebted to him from his work we may be just a bit wiser a bit healthier a bit more competent and a lot more in touch with meaning for the sake of all who mourn illness crisis loss if you knew worden s work and his writings previously you ll find an enhanced book with a much broader and challenging perspective than his previous editions if you are not familiar with bill worden then it is time to begin ben wolfe med licsw fellow in thanatology program manager grief counselor st mary s medical center s grief support center duluth mn encompassing new content on the treatment of grief loss and bereavement the updated and revised fifth edition of this gold standard text continues to deliver the most up to date research and practical information for upper level students and practitioners alike the fifth edition includes updates to the author s tasks and mediators of mourning new case studies and valuable instructor resources the text highlights recent initiatives to extend care to the bereaved and fosters the knowledge and skills required for effective intervention and even preventative treatment also addressed is the impact of social media and online resources for cyber mourning changes in the dsm 5 as they influence bereavement work alternate models of mourning and new findings on the varied qualities of grief the fifth edition continues to present a well organized concise format that is easy to read and provides critical information for master s level health courses in grief counseling and grief therapy as well as for new and seasoned practitioners alike new to the fifth edition refinements to the author s tasks of mourning new considerations regarding mediators of mourning on social variables the impact of social media and online resources on cyber mourning complicated spiritual grief after mass shootings and other catastrophes changes in the dsm 5 as they influence bereavement work cross cultural and multifaceted counseling for specialized grief including grandparent s grief prolonged grief disorder and hiv aids related bereavement updated information on grief and depression new case studies and updated references includes reflection and discussion questions in each chapter updated and revised information on grief counseling training accompanying instructor packet with manual powerpoint slides

and test bank

helping grieving people when tears are not enough is a handbook for care providers who provide service support and counseling to those grieving death illness and other losses this book is also an excellent text for academic courses as well as for staff development training the author addresses grief as it affects a variety of relationships and discusses different intervention and support strategies always cognizant of individual and cultural differences in the expression and treatment of grief jeffreys has established a practical approach to preparing grief care providers through three basic tracks the first track heart calls for self discovery freeing oneself of accumulated loss in order to focus all attention on the griever second track head emphasizes understanding the complex and dynamic phenomena of human grief third track hands stresses the caregiver s actual intervention and speaks to lay and professional levels of skill as well as the various approaches for healing available accompanying these three motifs the handbook discusses the social and cultural contexts of grief as applied to various populations of griever as well as the underlying psychological basis of human grief throughout the book jeffreys presents the role of the caregiver as an exquisite witness to the journey of grief and pain of bereaved family and friends and also to the path taken by dying persons and their families the second edition of helping grieving people remains true to the approach that has been so well received in the original volume it includes updated research findings and addresses new information and developments in the field of loss grief and bereavement

most people emerge from the natural grieving process in a healthy manner however many people do not receive the support they need to overcome the pain of mourning they feel they are trapped in their grief feelings which later surface as the underlying cause of physical and mental problems for these people mental health treatment is their way back to a healthy life this 3rd edition provides counselling techniques to help identify and treat the grief of the bereaved back cover

many books on grief lay out a model to be followed either for bereaved persons to live through or for professionals to practice and usually follow some familiar prescriptions for what people should do to reach an accommodation with loss the crafting of grief is different it focuses on conversations that help people chart their own path through grief authors hedtko and winslade argue convincingly that therapists and counselors can support people more by helping them craft their own responses to bereavement rather than trying to squeeze experiences into a model in

the pages of this book readers will learn how to develop lines of inquiry based on the concept of continuing bonds and they will discover ways to use these ideas to help the bereaved craft stories that remember loved ones lives

to those of us who have been aware of the innovative service to families facing death and bereavement that has been developed by david w kissane and sidney bloch this book has been eagerly awaited their work is a logical development in the field of palliative care in which it has long been recognized that when life is threatened it is the family which includes the patient which is or ought to be the unit of care the work also has great relevance for the wider field of bereavement care all who work to help families at times of death and bereavement will find much to learn from this book which represents a useful addition to our understanding of the losses which sooner or later we all have to face colin murray parkes family members are often intimately involved in the care of dying people and themselves require support through both their experience of palliative care and bereavement this innovative book describes a comprehensive model of family care and how to go about it family focused grief therapy is an approach which is new preventive cost effective and with proven benefits to bereaved people it describes a highly original and creative approach to bereavement care one likely to revolutionize psychosocial care in oncology hospice or palliative care and grief work the book has been designed rather like a therapy manual providing a step by step approach to assessment and intervention its rich illustration through many clinical examples brings the process of therapy alive for the reader anticipating the common challenges that arise and describing how the therapist might respond families are recognised throughout as the central social unit pivotal to the success of palliative care family focused grief therapy will be of use to doctors nurses psychologists social workers pastoral care workers psychiatrists and other allied health professionals who work in caring for the dying and for their bereaved relatives based soundly on a decade of internationally regarded research this book will alter the direction of future medical practice and is destined to become a classic in its field

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this complete skills workbook is directed at the general public healthcare providers and individuals and family members who have lost a loved one one of the most overlooked aspects of grief is cooking and mealtime and even more overlooked is how often individuals are faced with finding the strength to prepare a meal or set a

table for one the workbook contains grief exercises healthy grieving techniques recipes on cooking for one and self assessment strategies to be utilized at various stages for coping with daily life in adjusting to a new normal after loss helping individuals discover a new sense of meaning purpose and happiness in life after loss are key objectives reflected through the culinary arts in a grief cookbook this workbook provides help in weekly meal planning preparing shopping lists gauging portion size and utilizing leftovers to create new meals with attention to personal milestones and holidays because leftovers can be painful reminders of missing loved ones all recipes are designed to minimize food waste with leftovers from previous meals being used in new recipes culinary grief therapy features grief exercises in guided recipe memoir writing personal reflections trigger identification cognitive mapping and guided meditation exercises as part of the bereavement counseling program in amita health alexian brothers hospice a need was identified by heather nickrand ma lpc ncc in individuals who had lost loved ones and were having difficulty with adjusting to meal planning shopping and cooking for one individuals expressed feelings of loneliness and depression when grocery shopping and cooking for themselves alone which led to many painful memories of the loss of their loved one the feelings of grief lingered throughout the day and had a negative effect on subsequent meals leading to avoidance of activities skipped meals and unhealthy coping mechanisms to address this need for grief counseling culinary grief therapy cooking for one series was developed the cooking for one series provides the components of a grief support group in a culinary setting with recipes created by laura lerdal and david kramer instructors for the cooking for one workshops include heather nickrand laura lerdal and david kramer this form of therapy is interactive and engaging and empowers individuals to express their grief in healthy rational and positive ways

grief is a family affair when a loved one dies the distress reverberates throughout the immediate and extended family family therapy has long attended to issues of loss and grief yet not as the dominant therapeutic paradigm bereavement care for families changes that it is a practical resource for the clinician one that draws upon the evidence supporting family approaches to bereavement care and also provides clinically oriented strategic guidance on how to incorporate family approaches into other models subsequent chapters set forth a detailed research based therapeutic model that clinicians can use to facilitate therapy engage the ambivalent deal with uncertainty manage family conflict develop realistic goals and more any clinician sensitive to the roles family members play in bereavement care need look no further

than this groundbreaking text

after a significant loss grief is normal and necessary but sometimes a mourner's grief becomes naturally heightened stuck or made more complex by especially difficult circumstances such as suicide homicide or multiple losses within a short time period this is called complicated grief in this primer by one of the world's most respected grief educators Dr. Wolfelt helps caregivers understand the various factors that often contribute to complicated grief he presents a model for identifying complicated grief symptoms and through real life examples offers guidance for companioning mourners through their challenging grief journeys this book rounds out Dr. Wolfelt's resources on the companioning philosophy of grief care making it an essential addition to your professional library

a gift book a self help book that has helped hundreds of thousands of readers its succinct meaningful guidelines and hope filled illustrations have reassured those who grieve that out of their pain can come profound transforming healing

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