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back pain is a common medical problem many factors may cause different types of back pain learn the parts of the back what may be causing your back pain

aug 8 2023 back pain is a common complaint get tips to manage your pain and know when to see your healthcare provider

diagnosis of back pain doctors use various tools to help diagnose the possible cause for your back pain which helps determine the best treatment plan medical and family history your doctor will ask

Jul 30 2025 back pain is one of the most common medical problems in the United States. Changes to any part of your back such as ones that may occur with aging, getting hurt, or having other medical

It's estimated that 80 percent of all Americans will develop low back pain at some point in their lives. It's one of the most common reasons people see their health care providers and the most common

Aug 1 2024 About 80% of adults experience pain in their back at some point. Determining the cause can help you find relief and prevent future pain.

Jun 2 2021 Balance issues causing dizziness or unsteadiness may be caused by a nerve condition. Learn how and what can be done to regain balance.

Only lower as far as you can while maintaining your back flat against the wall. Slowly return to starting position while maintaining your back flat against the wall.

Jun 6 2017 It's estimated that about 80 percent of people will suffer from low back pain in their lifetime. Knowing what to do when the time comes is important.

May 23 2023 Radiofrequency ablation uses precise heat to stop nerves from sending pain signals to the brain. Get answers to common questions.

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